

My IT Statement

Inspiring & Transformational



I AM _____

I KNOW _____

I HAVE _____

I BELIEVE _____

I TRUST _____

I DESERVE _____

I WANT _____

I LOVE _____

On the next page, put it all together.

In need of
additional
support?



Sometimes things are easier said than done. If you find it particularly challenging to define who you are sign up for a complimentary clarity call with Charlene Dior at www.fromcaterpillarstobutterflies.com/coaching.

